

**Leadership 101
COURSE OUTLINE
Woodington Training Solutions, LLC**

I. TEAM BUILDING

- A. Team Building Overview
 - 1. Team Definition
 - 2. Groups vs. Teams
 - 3. Benefits Of Team Building
 - 4. Attitudes Of An Effective Team Builder Exercise
 - 5. Forming Teams Exercise
- B. Team Concepts
 - 1. Phases Of Team Development
 - 2. Attributes Of A High Performance Team
 - Aligned On Purpose
 - Participative Leadership
 - Shared Responsibility
 - High Communication/Trust
- C. Alignment On Purpose
 - 1. Definitions
 - 2. Purpose/Mission/Vision - Exercise
 - 3. Alignment Activity
- D. Participative Leadership
 - 1. Definitions
 - 2. Levels Of Decision Making
 - 3. Swamped Exercise
- E. Shared Responsibility
 - 1. Definitions
 - 2. Swamped Exercise
- F. High Communication/Building Trust
 - 1. Definitions
 - 2. Pace Palette Exercise